

FIND YOUR **PURPOSE** & LIVE YOUR **PASSION**

WORKBOOK



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EMBRACE THE MIRROR
FREEDOM | JOY | ABUNDANCE

How to Find Your Purpose & Live Your Passion

Discovering your life's purpose and living your passion can often be confusing. You don't quite know what it is you are called to do and not sure how to find out. The good news is that you are (in one form or another) already living your life's purpose. The current job or career you have is preparing you for the work you are called to do.

Your deep desire to walk away from corporate America is simply your spirit telling you that you are ready to step into your role. You are ready to do what you were created to do. You are ready to live the life you desire.

It's not always easy to discover your next steps. It doesn't appear as sky writing – it requires you to put in the work. Most people never discover what they are good at because they never put in the time and the effort to figure it out. The law of the universe is simple: You get out exactly what you put in. People who sit on the sofa and wish or talk learn nothing. People who get up and work hard are rewarded accordingly!

For this reason, I've created this simple workbook to help you figure out what you want to create. Think of it as your homework. You can even sit on the sofa if you



like. I won't judge. When it comes to creating, you have to write your thoughts down. If you don't write them down, clarity will never come. When an architect is building a tower, he doesn't just walk onto the empty lot and build it. He first draws it. He has a plan; a drawing that he follows giving him the layout for the building. The building has to be designed before it can be built. Your life's purpose works the same way. You have to be willing to sit with pen and paper and write it all down.

Finding time to write it all down can be a challenge, especially after working all day and coming home to young children who need your time. However, you cannot avoid this because it is the only way you will gain clarity into what it you want to create. When you write things down, the universe responds. It hears you. You are sending ideas from your brain to your hand, then to the paper, and from there out into the universe. You are literally manifesting your dreams by writing and drawing them.

The next two pages contain seven simple questions you need to answer. Take your time and answer them honestly. You are not being graded or scored and if you are not truthful with yourself it will be impossible for you to create a business around your gifts and/or passion.



The only thing worse than lying to others, is lying to yourself. Be truthful and brutally honest.

Now...it's time to go even deeper. I want you to set aside one or two hours to do this work. You can watch all the videos you want and attend all the conferences in the world but until you sit and do the work you will never be able to transform your life. Those are passive activities; I want you to engage in an active effort.

Please answer all questions to the best of your ability. Then put it away and come back to it after 48 hours and read your answers. Doing this work will give you an opportunity to go a bit deeper and discover what you are passionate about.

1) Who am I? What is it that I want out of life?



2) When I was a child, what was the one thing I did that brought me joy?

3) List all the things that you enjoy doing. Example: Photography, painting, writing, traveling, dancing, etc.



4) List five reasons why you want to leave your corporate job and start your own business.

5) What will having your own business do for you



6) If you knew you could not fail and you could get what you wanted, what would you want?

7) What brings you joy?



8) What drains your energy?

9) What is the one thing you can do forever without feeling bored or tired. Would you do it without being paid?



10) If money was not a factor, what would you be doing?

Now I want you to put it away for forty-eight hours. Don't erase; don't second-guess yourself. Your spontaneous answers are best. Then I want you to come back to it and read your answers. When you read your answers, it is possible that new ideas will be revealed? Don't judge them, simply write them down. Often this is your spirit giving you guidance and insight into what you really want.

Now, once a week for the next twenty-one days, carve out one to two hours of your time and go back and answer the questions again. Always go back and read what you wrote the last time. Doing this exercise will help you gain insight into what you want to create. Like



an artist, you are crafting and honing your vision for your future best life.

Till next time, stay in action!

Your Huckleberry, Naomi!



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Do you want a community where you can
learn and grow?

A place where super women like you can take
off their cape?

If you do, I encourage you to join our **Facebook Group**
to get the support you need and to get this **SPECIAL**
BONUS

My complimentary four-part video series, “4 Mistakes
New Entrepreneurs Make (and How to Avoid Them!)”

- **Video 1: The Time IS Now.** In this video, I’ll explain how NOT to freak out about starting your business! Then, I’ll help you put together an actual plan for taking the first steps toward creating the business of your dreams.

- **Video 2: What Kind of Business Should You Start?** Maybe you’ve always dreamed of becoming your own boss, but you’re not exactly sure what type of business you want to start. There are many ways to make money as an entrepreneur, and in this video, I share the top six.

- **Video 3: Figuring Out What You’re Good At!** Building a business around your passion is essential. In this video, I walk you through illuminating your passions,



and share how I created my own successful business around my passion, so you can do it, too!

- **Video 4: Making Your Dream a Reality** — Next Steps. In this video, you'll discover two ways that you and I can work together to move you forward on your journey toward turning your dream of starting your own business into a reality!

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